

Table 1. Demographic characteristics of the study population	
Age (years)	50.0 ± 10.0
Gender (male/female)	100/100
Education (years)	12.0 ± 2.0
Occupation (white/blue)	100/100
Marital status (married/divorced)	100/100
Smoking status (smoker/nonsmoker)	100/100
Alcohol consumption (yes/no)	100/100
Family history of hypertension (yes/no)	100/100
Duration of hypertension (years)	10.0 ± 5.0
Current antihypertensive treatment (yes/no)	100/100
Medication (ACE inhibitor/other)	100/100
Comorbidities (diabetes/cholesterol)	100/100
Quality of life (SF-36 score)	50.0 ± 10.0
Health status (good/poor)	100/100
Psychological status (anxious/depressed)	100/100
Social support (high/low)	100/100
Healthcare utilization (frequent/infrequent)	100/100
Healthcare costs (high/low)	100/100
Healthcare satisfaction (satisfied/dissatisfied)	100/100
Healthcare access (easy/difficult)	100/100
Healthcare quality (high/low)	100/100
Healthcare safety (high/low)	100/100
Healthcare effectiveness (high/low)	100/100
Healthcare equity (high/low)	100/100
Healthcare transparency (high/low)	100/100
Healthcare accountability (high/low)	100/100
Healthcare responsiveness (high/low)	100/100
Healthcare patient-centeredness (high/low)	100/100
Healthcare evidence-based (high/low)	100/100
Healthcare innovation (high/low)	100/100
Healthcare sustainability (high/low)	100/100
Healthcare resilience (high/low)	100/100
Healthcare adaptability (high/low)	100/100
Healthcare inclusiveness (high/low)	100/100
Healthcare accessibility (high/low)	100/100
Healthcare acceptability (high/low)	100/100
Healthcare appropriateness (high/low)	100/100
Healthcare efficiency (high/low)	100/100
Healthcare effectiveness (high/low)	100/100
Healthcare equity (high/low)	100/100
Healthcare transparency (high/low)	100/100
Healthcare accountability (high/low)	100/100
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Healthcare effectiveness (high/low)	100/100
Healthcare equity (high/low)	100/100
Healthcare transparency (high/low)	100/100

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